

# Creating Connections: Intro to Neurodevelopmental Treatment and Dynamic Core for Kids

This three-day live course is open to both PTs and OTs. Participants will develop a basic level skill in clinical reasoning and movement analysis as part of the assessment and treatment process by combining Dynamic Core for Kids alignment concepts with NDT handling.

## DATES

October 1-3, 2023 (24 hours)

## LOCATION

Kids Physio Group - Toronto (Leaside)  
202 - 25 Industrial Street  
Toronto, ON M4G 1Z2

## INSTRUCTOR

Shelley Mannell of HeartSpace Physical Therapy for Children

## COST

Registration before March 15 (early bird): \$900  
Registration after March 15: \$950

**MORE INFO AT [WWW.KIDSPHYSIO.CA/NDT](http://WWW.KIDSPHYSIO.CA/NDT)**



# Course Schedule

## DAY 1

---

8:30AM: Introductions  
8:45AM: What is NDT?  
9:00AM: Touch lab  
9:15 AM: DC4K Alignment and lab  
10:00AM: Principles of Treatment and NDT Toolbox  
10:15AM: Break  
10:30AM: Treatment demo  
11:30AM: Discuss treatment demo  
12:00PM: Lunch  
1:00PM: Handling lab #1  
1:30PM: Typical development (newborn, 0-3m)  
1:45PM: Handling lab #2  
2:30PM: Typical development (4-6m, 7-9m)  
2:45PM: Break  
3:00PM: Handling lab #3  
3:45PM: Typical development (10-12m, 12-24m)  
4:00PM: Handling lab #4  
4:45PM: Q&A  
5:00PM: End

## DAY 2

---

8:30AM: Q&A  
8:45AM: Atypical Development  
9:15AM: Handling lab #1  
9:45 AM: Break  
10:00AM: Treatment demo  
11:00AM: Discuss treatment demo  
11:30AM: Handling lab #2  
12:00PM: Lunch  
1:00PM: Movement analysis - what do you see?  
1:30PM: Handling lab #3  
2:00PM: Movement analysis - what do you see?  
2:30PM: Handling lab #4  
3:00PM: Break  
3:15PM: Handling lab #5  
3:45PM: Treatment planning  
4:45PM: Q&A  
5:00PM: End

## DAY 3

---

8:30AM: Q&A  
8:45AM: General rules for handling and tone  
9:00AM: Handling lab #1  
9:45 AM: Treatment demo  
10:45AM: Review treatment demo  
11:30AM: Treatment planning  
12:00PM: Lunch  
12:45PM: Set up for practicum  
1:00PM: Practicum  
2:30PM: Review practicum: treatment session reflection  
3:30PM: Q&A  
4:00PM: End