



PHYSIO-APPROVED HOLIDAY GIFT GUIDE

Toddlers (1-3 years)

Gift ideas for kids of ALL ages and abilities, approved by our therapists across Kids Physio locations! Click on the gift titles for more info.



[Zippee](#)

The Zippee is great for babies and toddlers who are working on their fine motor skills. It has pulling, chewing, and grabbing functions to keep your little one occupied and engaged!

Strider bikes are a great option to start your kiddo on the path towards biking. It works on leg strength, core stability, balance, coordination, and motor planning. With practice, your toddler will be zipping around the playground in no

time!



[Strider Bike](#)



[Rainbow Spin Toy](#)

Spin toys are super fun and engaging for toddlers. Your kiddo can use them for stacking games to practice their squatting, roll the pieces around the room to encourage mobility, match the gear to the hole on the stick to practice their fine motor skills, gain confidence for hands-free activities, and so much more!

Bowling pins are a great tool for practicing ball skills! From rolling to throwing underhands to kicking a ball to emerging into toddlerhood, they're fantastic for problem-solving and motor planning skills.



[Alien Bowling Pins](#)



[Alphabet Puzzle](#)

Puzzles, much like stacking games, are great for getting children to do repetitions of an exercise (e.g. squatting to pick up one piece at a time). They are also excellent for motor planning, spatial awareness, and fine motor manipulation! This Alphabet Puzzle can support all the above, while encouraging your child to learn the alphabet!