

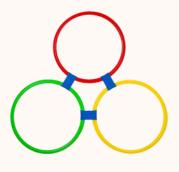
## PHYSIO-APPROVED HOLIDAY GIFT GUIDE Gradeschoolers (5 years+)

Gift ideas for kids of ALL ages and abilities, approved by our therapists across Kids Physio locations! Click on the gift titles for more info.



The Stomp Rocket is great for practicing single-leg standing and balance and can be used outdoors or indoors. You can encourage your child to hold their balance for as long as possible for extra "rocket launching" power!

Hopscotch ring sets are fantastic for gross motor development, motor planning, and coordination. It can be used in a hopscotch course, combining both single and double-leg hopping patterns to build lower extremity strength and power.



Hopscotch Ring Set



The Ogodisk Max Set is an excellent choice for kiddos working on hand-eye coordination to improve their ballhandling skills in sports. The large target allows for success and guaranteed fun!

<u>Ogodisk Max Set</u>

Scooters are a gradeschooler classic! They're great for building strength, balance, coordination, and power for tasks like running and jumping. Have your kiddo practice by riding up and down the driveway or sidewalk or by maneuvering around their toys in an obstacle course.

