



CME II COURSE

MAR 30-APR 1, 2023
KIDS PHYSIO GROUP
VANCOUVER, BC

This Cuevas Medek Exercises (CME) II course will be hosted by Kids Physio Group - Fraser and instructed by, RPT and CME IV Certified Practitioner, Simona DeMarchi.

Simona is a licensed physiotherapist in Ontario, Canada and owner of Simona Demarchi Paediatric Therapy, a boutique therapy practice located in Toronto. With 26 years experience in paediatrics, including a variety of courses in different treatment techniques for children with motor delay, Simona has chosen to focus her practice on CME based on the clinical outcomes achieved in response to this therapy. In 2009, Simona was the first CME practitioner to achieve certification as an instructor and has since been teaching CME courses and offering mentorships to colleagues working in the field of paediatric rehabilitation. Simona greatly enjoys sharing her passion for CME and her clinical experience and appreciates any opportunity to welcome more colleagues to the worldwide CME team!

Course Description

In the CME II course, registrants will:

- Review the principles of CME and how these apply within the current principles of neural reorganization and brain development in infancy and childhood.
- Review the CME assessment and how to use this tool to guide clinical decision making in CME.
- Learn 46 exercises with progressions and alternate points of contact which may be applied with children of varying degrees of gross motor impairment. Exercises span the development of head control, trunk control, standing, and walking and build on those learned in the CME I course.
- Learn the CME II dexterity test, a test meant to further develop the CME practitioners dexterity to assist with safe and effective application of the CME exercises.

The CME II course is an interactive experience combining lecture, demonstration, and practical components. All demos and practicums are completed using a combination of dolls and children whose families have volunteered to participate.

Learning Objectives

By completion of the CME II course, registrants will be able to:

- Confidently explain what CME is by summarizing the 4 main principles of this therapy.
- Have greater confidence assessing a child using the CME assessment.
- Using the assessment findings, be able to draw connections to the need for particular CME exercises.
- Apply 11 more advanced exercises focused on further development of head control.
- Apply 14 more advanced exercises focused on further development of trunk control.
- Apply 12 more advanced exercises focused on further development of walking control.
- Apply 9 more advanced exercises focused on further development of standing control.

For information or to register, please send an email to:
cmecourses@simonademarchi.com

Registration is limited to 8 therapists, so don't delay!

CME II Course Schedule

Time	Thursday	Friday	Saturday
8:30 to 9:00	Arrive + Settle In		
9:00 to 10:30	Brief Review of CME Principles and Assessment	Demonstration CME II Trunk Control Exercises	Demonstration CME II Walking Control Exercises
10:30 to 10:45	Break	Break	Break
10:45 to 12:00	Practicum CME II Dexterity Test	Practicum CME II Trunk Control Exercises	Practicum CME II Walking Control Exercises
12:00 to 1:00	Lunch	Lunch	Lunch
1:00 to 2:30	Demonstration CME II Head Control Exercises	Demonstration CME II Standing Control Exercises	Review of CME II Exercises (with dolls)
2:30 to 3:00	Break	Break	Break
3:00 to 4:15	Practicum CME II Head Control Exercises	Practicum CME II Standing Control Exercises	Question Period/Wrap Up Incl Presentation of Certificates of Course Completion (Expected end time of approx 3:30)
4:15 to 4:30	Question Period/ Wrap Up	Question Period/ Wrap Up	

Please Note: While effort will be made to adhere to the schedule as presented, slight variations in the timing of sessions may occur. As a result, any given day may end slightly before or after the time specified.