



**Welcome Back!**  
**Let's have some fun and**  
**be safe**



**WELCOME BACK!!**


**WAIT!**

We are SO excited to see you again, but there are a few new things we're going to do before we start physio to help keep each other safe.

# Let's go through our new rules

- ★ We can't wait to get back into our awesome space and play with our friends
- ★ We have some new rules to keep everyone safe at Kids Physio
- ★ Thank you for doing your part!



- 
1. Take off your shoes
  2. Clean your hands

# Getting ready to go inside

- ★ Please wait at the door and your physio will come and get you when it is time to play
- ★ When you come in we will ask you some quick questions, we may even take your temperature
- ★ You can take off your shoes, just like you always do!
- ★ Then you will clean your hands
- ★ If your hands need a good scrub we will take you to our sink to make them sparkle

3. Your physiotherapist will clean their hands too! They will be wearing a mask.

## Getting ready to go inside

- ★ Your friendly physio will also clean their hands before you head inside
- ★ You may notice that they look a little different with a mask on and they may even wear a superhero shield
- ★ We promise they are smiling super big behind the mask, so excited to take you into the clinic to play



4. If you are old enough, or if you have a mask you like that you want to bring from home we will make sure you are wearing it. We might also take your temperature. If we touch our faces, we will wash our hands again!

## Getting ready to go inside

- ★ If you have a mask and are old enough you can also wear one. Then you will match your physio!
- ★ During your appointment try not to touch your face, if you do that's ok, we will just take a quick break to clean our hands again



5. Time for physio! Only you, your physio and one parent will get to play. If you have brothers or sisters they will stay at home.

# Come on in and play!

- ★ Please use your listening ears and stay in your matted area
- ★ Only one parent will be able to come with you, you can always take photos and videos to show your parent or siblings back home
- ★ You may notice that the toys are in special bins
- ★ Please ask if you want to play with something and your physio will get it from the green zone
- ★ When we are done with the toy it will go in the red zone bins to be cleaned





6. When you're all done,  
you, your parent, and  
your physiotherapist  
will all clean your hands  
again!

## Saying goodbye

- ★ When we are done we will clean our hands again!
- ★ You will get all your physio games for home by email after the appointment



After you leave, we will wash all of the toys and equipment you used, so they are nice and clean for our next friend!

## Time to tidy up

- ★ After you go home your physio will carefully clean all the toys in the red zone
- ★ When they are dry they will be returned to the green zone to be played with again

