



September News

KIDS PHYSIO GROUP - SEPT 2011 - NEWSLETTER

New Staff

Please help us welcome some new faces to Kids Physio. Tricia Lang (OT), Zoe Raffard (OT), Mark Borslein (PT) and Jacquie St. Martin (Front Desk and PT assistant). Profiles below!

Dance | Yoga

There is still time to register for the Creative Movement Class on Fridays with Billie Murphy!
Tots 3-5 yrs: 2:00-3:00PM
Kids 6+: 3:45-4:45PM

\$120 - 12 weeks
\$15 drop in (if space available)

New Equipment

Body-Weight Support - Harness, track & treadmill! Up and down stairs, side steps and backwards, sit to stand, you name it! This new piece of equipment can help kids up walking and trying new, tricky moves.

...continued on page 2



Fee Structure Changes

Thank you for continuing to grow with us at Kids Physio! As we add more space, experienced staff and new equipment, from time-to-time you will see changes to the fee structure. Starting OCTOBER 1, 2011 fees for subsequent **physiotherapy** visits will go up by \$10/session.

- Standard Physio Session: \$80
- Funded (AHP, ASD, Variety) Physio Session: \$90



JACQUIE ST. MARTIN
Office Manager & PTA

Jacquie joins our team with a tremendous amount of experience in early childhood education. She looks forward to greeting you at the front door!

TRICIA LANG
Occupational Therapist
Tricia will be working full day Tuesdays and half day Wednesdays. She is currently accepting new clients for OT services.



ZOË RAFFARD
Occupational Therapist
Zoe joins Kids Physio Group from Play 2 Learn 4 Life, her OT practice of 2 years. She is accepting new clients on Mon, Wed (after school) & Fri.



MARK BORSLEIN
Physiotherapist

Mark joins us from Gastown Physio & Pilates. He will provide specialized orthopedic treatment on Mondays 3-7pm for young athletes & parents...yes...PARENTS!

Equipment feature continued...

Angle Ladder- This addition to the ladder allows us to alter the angle, which helps strengthen the tummy and shoulders. The new angle ladder provides a new challenge!



Multidirectional Balance Beam- Zig-zags, straight lines, letters... you name it, this balance beam can do it all! This great new piece of equipment allows the use of everyone's imagination, making physio even more fun!



Pilates Reformer - Adjustable to our smallest clients, the Reformer works to strengthen legs, arms, tummy, and backs. Slide, glide, push and pull along with us.

Staying Connected:

e: info@kidsphysio.ca
ph: 604.730.6966

Like us on Facebook
www.facebook.com/kidsphysiotherapy

Follow us on twitter @kidsphysio

AROUND CAMPUS



It's back to school for **Maegan Mak!** She is completing her final year of Kinesiology at UBC. She will continue to work at Kids Physio on Saturdays.

We would like to congratulate **Emily Newton** on her acceptance to the Physiotherapy program at McMaster University in Ontario. We wish her the best of luck and hope to see her back at Kids Physio soon!

Our PTs and OTs will be busy taking continuing education courses this fall. Watch out for new certifications in CME levels 1 and 2, Myofascial Release, K-taping and Core Strengthening for kids!

NEW PROGRAMS

Headbanding and Plagiocephaly clinic

Jason Goodnough, CPO(C), M.Sc. is the lead Orthotist/Prosthetist at **Synergy Orthopedics** and brings 17 years of clinical experience, research innovation and renowned educational leadership to the plagiocephaly clinical team at Kids Physio.

Check out the new rack card at the front desk for more information.



Our new **Baby Milestones** program aims to ensure that your child's gross motor development is closely followed throughout their first year and a half. Monthly check-ups will:

- Provide fun and purposeful play ideas that are suitable to your child's stage of development
- Help to prevent common infant development conditions such as plagiocephaly and torticollis
- Keep you, the parent, in tune with your child as they grow

